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## HONEST TO GAWD FRENCH FRIES

## **SERVES 8**

## **INGREDIENTS**

3 lb scrubbed, but not peeled, Russet potatoes, cut vertically into French fry size of your choice

Oil for frying

## **DIRECTIONS**

- 1 Put the cut fries into cold water, then strain and pat dry with a towel.
- **2** Blanch in oil at about 300 degrees F for several minutes, then drain and refrigerate until quite cold.
- **3** Crank the fryer to 375 F and cook the fries until nice and crisp.