Shake Your Antlers!

Nursery Rhyme: Jack Be Nimble

A Moose Is On The Loose
(tune: Farmer in the Dell)
A moose is on the loose,
A moose is on the loose,
He shakes his antlers and stamps his feet—
A moose is on the loose.

Repeat with:
He wiggles his ears and swings his tail—
He bends his knees and gives a sneeze—AH-CHOO
He stamps the ground and turns around—
He wiggles his nose and tippy-toes—
He looks at you and bellows, “OO-ROOG!”

Reindeer Pokey
(tune: Hokey Pokey)
You put your right hooves in,
You put your right hooves out,
You put your right hooves in
and you shake them all about.
You do the reindeer pokey
and you turn yourself around
That’s what it’s all about
(Clap, Clap)

Antlers & Paws
(tune: I’m a Little Teapot)
I’m a big moose,
Strong and tall.
Here are my antlers.
Here are my paws.
When I get excited,
I run and jump.
I love to jump and jump - - -
KERTHUMP!

Mr. Moose
Mr. Moose is very tall.
(raise arms above head)
His antlers touch the sky.
(hands out and spread arms)
They make a real good resting place,
for birdies passing by.
(lock thumbs and flap fingers like a bird’s wings)

Jingle Bell Moves
Shake those bells up high!
Shake those bells down low!
Shake those bells in a circle just so.
Shake them up and down.
Shake them all around.
Now shake them down to touch the ground.
Shake them left and right.
Now shake them out of sight.
Now shake those bells with all your might!
A Box Full of Tales by Kathy MacMillan

Your next visit will be: January _____
Next month’s theme will be: “Let’s Put On Our Mittens”
**Road to Reading Tip:**

**SMART Reading Tips for the Holidays**

Winter break is right around the corner, and holidays can get pretty hectic! Routines can fly out the window with celebrations, travel and out-of-town guests. As your family prepares for the holidays, use these tips for keeping kids engaged in learning and reading over winter break.

- **Stock up on books at the local library.** Help your child pick out books they’re interested in reading over the winter break. Libraries also have fun, free holiday activities throughout the break.
- **Make the most of travel time.** Turn travel time to or from a holiday get-together into an opportunity to practice reading.
  - You can look for license plates from different states, try to find the alphabet on the license plates, or count the number of red (or white or green) cars you see. Read street signs and billboards you see along the way.
- **Create a new tradition.** A little predictability is comforting for kids. Starting a special Winter Break Story Time can be a new tradition that links reading with happy memories. Hot cocoa and your favorite stories will have the whole family feeling comfy and cozy, while creating memories that will last a lifetime.
- **Remember, you don’t have to be an expert to help your child with reading.** By simply interacting with children around books, you can show them that books are important and worthy of our attention.

**Activity Ideas:**

- **Deer Ears:** Ahead of time, prepare deer ears for each child—use sharp scissors to cut one end of empty paper towel or toilet paper tubes at an angle (two per child). Explain that deer have a highly developed sense of hearing; their large ears are constantly scanning their environment. Each ear can work independently of the other. They have “surround sound!” Demonstrate holding the flat end of the tube over each ear, then using the “deer ears” to listen to environmental sounds. Compare the sounds heard with and without the “deer ears”. adapted from kindernature.com

- **Wintry Woodland:** Fill your sensory table with straw or sand. Add items such as real evergreen twigs, medium-size rocks, pine-cones, moss, and plastic woodland animals. Encourage children to explore and describe the textures of the woodland.

- **Reindeer Counting:** Have your children pretend to be reindeer. As you call out a number, have them tap that many times with one of their “hooves.” preschoolexpress.com

**More Books to Share:**

- **All About Deer** by Jim Arnosky
- **Z is for Moose** by Kelly Bingham
- **Imogene’s Antlers** by David Small
- **Circle, Square, Moose** by Kelly L. Bingham
- **Making the Moose Out of Life** by Nicholas Oldland
- **First Snow in the Woods** by Carl R. Sams II & Jean Stoick
- **The Uglified Ducky: A Maynard Moose Tale** by Willy Caflin
- **This is a Moose** by Richard T. Morris (available with narration in a VOX Book!)

**Book of the Month:**

**Playful Learning Lab for Kids** by Clare Heffron

PTC 370.155 H

Recent research has shown that children learn and develop new skills more quickly when they engage in playful, whole body activities. Movement allows them to refocus their attention, improves brain function, reduces stress, and improves circulation. Not only that, but the more senses that are used for learning, the more likely information is to be stored and retrieved. The activities in **Playful Learning Lab for Kids** explore concepts in reading, language, math, art, music, science, geography, and social studies, all while engaging children with movements, touch, sound, and sight. Most distinguishing of all, the activities and lessons here include suggestions for tailoring the experience to different levels, making it a book children can grow with. The skills range from visual perceptual skills and spatial awareness, to early geometry concepts, visual motor integration, and fine motor skills.

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