Songs & Fingerplays to Share

**Black & White**
(tune: My Bonnie Lies Over the Ocean)
- The panda eats lots of bamboo.
- The panda climbs up a tree.
- Just look at his black and white fur.
- That panda’s as cute as can be!

**The Panda Went Over the Mountain**
(tune: The Bear Went Over the Mountain)
- The panda went over the mountain
- The panda went over the mountain
- The panda went over the mountain
- To see what she could see.
- But all that she could see
- Was the other side of the mountain
- The other side of the mountain
- Was all that she could see.

**Penguin Shuffle**
- Penguins shuffle, shuffle, shuffle, to the left, left, left.
- Penguins shuffle, shuffle, shuffle, to the right, right, right.
- Give a little wiggle,
- Give a little hop,
- Waddle round the iceberg.
- Never want to stop!

**I'm a Little Penguin**
(tune: I'm a Little Tea Pot)
- I'm a little penguin, black and white.
- I think the cold is very nice.
- I can hop around
- First once, then twice.
- Or slide on my belly to cross the ice.

**Opposites**
- This is big, big, big.
  (hands out wide)
- This is small, small, small.
  (hands close together)
- This is short, short, short.
  (crouch down)
- This is tall, tall, tall.
  (stretch high)
- This is yes, yes, yes,
  (shake head 'yes')
- This is no, no, no.
  (shake head 'no')
- This is fast, fast, fast.
  (run in place)
- This is slow, slow, slow.
  (move in slow motion)

**Puffin Peter**
by Petr Horáček
- Fluff and Billy by Nicola Killen
- Please, Mr. Panda by Steve Antony
- I'll Wait, Mr. Panda by Steve Antony
- Penguins Love Colors by Sarah Aspinall
- What Is Black and White? by Petr Horáček
- Not Quite Black and White by Jonathan Ying
- Penguins, Penguins, Everywhere by Bob Barner
- If You Were a Panda Bear by Wendell & Florence Minor
- One Day On Our Blue Planet...In the Antarctic by Ella Bailey

**Nursery Rhyme: Baa, Baa Black Sheep**

**Opening the Gift**
1. Black & White & Cute All Over
2. CD: “Shake A Leg” from Exercise Party by Norman Foote
3. Songs & Fingerplays to Share
4. Your next visit will be: February _____
5. Next month's theme will be: “All You Need Is LOVE!”
Much of early writing literacy is the development of fine motor abilities in the fingers and hands. Playing while exercising fine motor skills engages hand-eye coordination as well. Think about using tools like washable chunky crayons, markers, scissors, tweezers, tongs, chalk, paintbrushes, etc. Even tearing paper will strengthen those small muscles in the hands! Fine motor can also be developed using Duplo® blocks, playdough, finger paint, squeeze balls, etc. If you are concerned about safety, use water instead of paint or markers. While any age baby can experiment with fine motor activities, it is not until about 12-18 months that children have developed the hand skills required to grasp and control writing tools with enough coordination to make intentional marks on paper.