



Opening the Gift

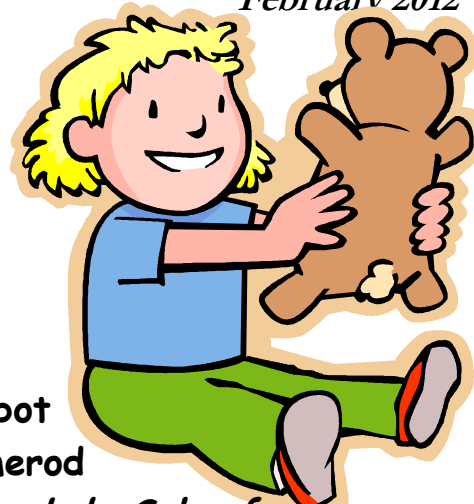
I ♥ Hugs



Vol. 16 No. 6

February 2012

We Go Together! by Todd Dunn
Being Friends by Karen Beaumont
Hugless Douglas by David Melling
How About a Hug? by Nancy Carlson
The Cuddle Book by Guido van Genechten
How Do You Hug a Porcupine? By Laurie Isop
The Biggest Kiss by Joanna Walsh & Judy Abbot
If You're Happy and You Know It! by Jan Ormerod
Guess WHO? A Foldout Valentine Adventure by Lola Schaefer



Nursery Rhyme: Humpty Dumpty



Songs & Fingerplays to Share:

Hug Your Bear

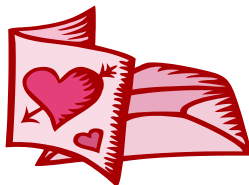
Tune: Row, Row, Row Your Boat

Hug, hug, hug your bear,
Squeeze him very tight.
Hold him high,
Help him fly,
Then hug with all your might.
thevirtualvine.com

Share with Me

Tune: "This Old Man"

One for you; one for me.
Let's all sing this melody.
Come and share with me,
And I will share with you.
Sharing is so fun to do!



HERE'S A HEART

Tune: "Twinkle, Twinkle, Little Star"

Here's a heart I made for you,
Trimmed with lace and ribbons, too.
This red heart is meant to say
I like you in every way.
Here's a heart for you from me,
'Cause you are my friend, you see.
preschoolexpress.com

I Have a Little Heart

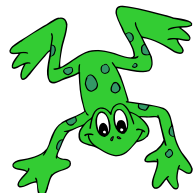
I have a little heart (hand over heart)
And it goes thump, thump, thump
(pat chest with fingers)
It keeps right on beating
When I jump, jump, jump
(jump in place)

I get a special feeling
(hug shoulders)

When I look at you
(point to children)

It makes me want to give you
(shrug shoulders shyly)

A kiss or two!
(blow kisses to children)



Your next visit will be: March

Next month's theme will be: "Proud To Be Green"



More Books to Share:
HUG by Jez Alborough
A Book of Hugs by Dave Ross
My Best Friend by Diane Namm
Big Bear Hug by Nicholas Oldland
Kitty's Cuddles by Jane Cabrera
Hugs from Pearl by Paul Schmid
Sweet Hearts by Jan Carr



Activity Ideas:

Hugs & Kisses: (*making a pattern*) Provide a supply of construction paper strips, a shallow pan of tempera paint, and *X* and *O* sponge stamps (or use a stamp pad and *X* and *O* rubber stamps). Explain to children that *Xs* and *Os* represent hugs and kisses. Then invite them to stamp a simple pattern along a strip. Use the completed strips as a bulletin board border or cut in smaller pieces to make snazzy bracelets!

Mailbox Preschool Edition Feb/Mar '06

Writing Hearts: Choose one or try all of the following suggestions for practicing heart shapes~

- ♥ Let your child practice drawing hearts with red markers. Show her how to make a "V" and then top it with a "lazy 3".
- ♥ Give your child red chenille stems to form into heart shapes.
- ♥ Set out red play dough and heart shaped cookie cutters. Let your child roll out the play dough and cut out heart shapes with the cookie cutters.

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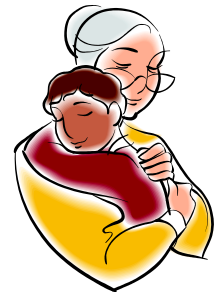
Book of the Month:

Socially Strong, Emotionally Secure: 50 Activities to Promote Resilience in Young Children
by Nefertiti Bruce and Karen B. Cairone

PTC 649.7 B

"Now more than ever, adults must help children develop the skills necessary to navigate successfully through life. By focusing on building social and emotional strength, adults increase children's resilience and prepare them to handle the challenges in life. The strategies and activities in *Socially Strong, Emotionally Secure* provide teachers with the tools they need to help children become socially and emotionally healthy for life. Organized into five chapters, the activities support and build resilience in children ages three to eight.

For children, living and learning are a seamless web. The activities in *Socially Strong, Emotionally Secure* offer a way to help children live and learn their way into social and emotional resilience, while having fun in the process!"



Road to Reading Tip:

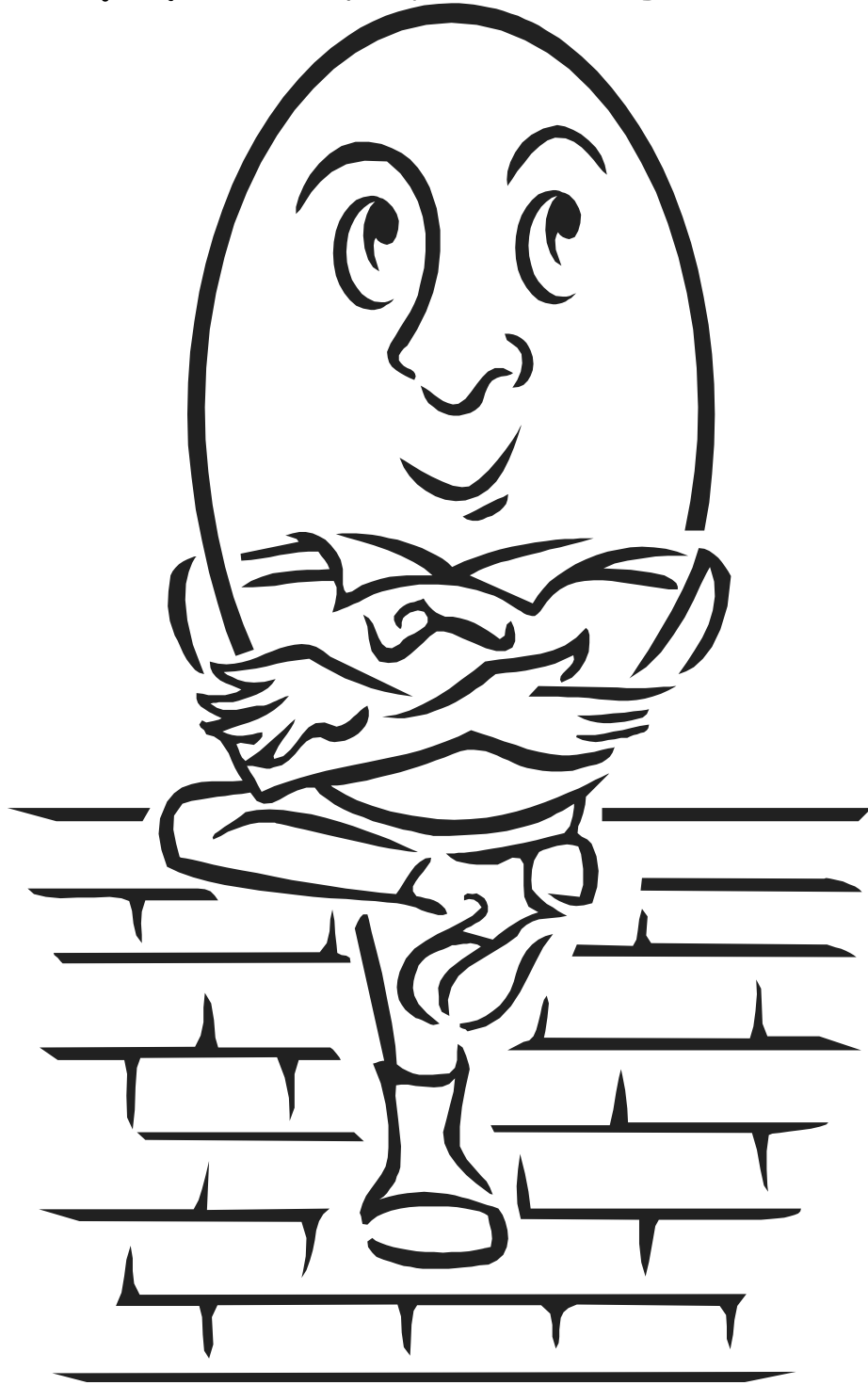


"Parents already have everything they need to maximize their child's brain development. No expensive toys or complicated programs are necessary—just touch, talk, singing, objects to examine, things to taste, opportunities to explore in a safe environment and most of all, warm, responsive, protective love."

Ages and Stages-Birth Through Eight Years by Karen Miller

QUESTIONS OR SUGGESTIONS?! Call Melinda Chase, Bel Air Branch, at 410 638-3151, ext. **2279**. e-mail: chase@hcplonline.org
If you have an urgent message for me, please speak with the operator at 410-638-4800 (beginning at 8 AM)

Humpty Dumpty sat on a wall,
Humpty Dumpty had a great fall.



All the King's horses and all the King's men
Couldn't put Humpty together again.