

Vol. 19 No. 6

February 2015

Opening the Gift Smile!



Dentists Help by Dee Ready
Grumpy Bird by Jeremy Tankard
Clarabella's Teeth by An Vrombaut
You Make Me Smile by Layn Marlow

If You're Happy and You Know It! by Jan Ormerod
Where's Your Smile, Crocodile? by Claire Freedman
How Do You Make a Baby Smile? by Philemon Sturges

Emily's Sharing and Caring Book by Cindy Post Senning, Ed.D., and Peggy Post
Taking a Bath With the Dog and Other Things That Make Me Happy by Scott Menchin



Nursery Rhyme: *Roses Are Red* Songs & Fingerplays to Share



CD: "If You're Happy and You Know It" from *Songs for Wiggleworms*

I've Got a Happy Feeling

(tune: *I've Got Joy, Joy, Joy Down In My Heart*)

I've got a happy feeling here in my heart.
(clasp hands at heart)
Here in my heart, here in my heart.
I've got a happy feeling here in my heart.
Here in my heart to stay.

Repeat, replacing underlined words with:
feet (tap feet), hands (clap), face ("draw" a smile)

Two Red Apples

Way up high in the apple tree,
(hand over eyes, look up)
Two red apples smiled at me.
(smile)

So I shook that tree as h-a-r-d as I could.
(pretend to shake tree trunk)
Down came the apples;
(flutter fingers downward)
Mmmmm, they were good!
(rub tummy)



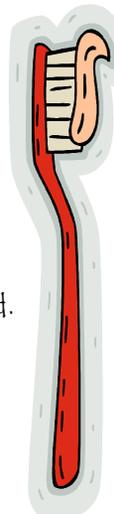
The Snowman

Roll him and roll him until he is big,
(roll hands)
Roll him until he is fat as a pig!
(make big circle with arms)
He has a big smile and a hat on his head.
(point to smile and top of head)
He'll stand there all night,
(arms straight out to sides)
While we go to bed.
(rest head against hands)



I'm a Toothbrush

I'm a toothbrush. Just watch me go.
I am brushing to and fro.
(jump side to side)
I'm a toothbrush.
The best you've ever found.
I am brushing around and around.
(spin around)
I'm a toothbrush.
I'll keep away the plaque.
I am brushing in the front,
then the back.
(jump forward and backward)
I'm a toothbrush.
Now don't you frown.
I am brushing up and down.
(jump up and down)
I'm a toothbrush.
If you brush awhile,
I will give you a pretty smile!
(smile, point to mouth)



Storytimes Plus by Kay Lincycorn

Your next visit will be: March _____

Next month's theme will be: "Ahoy, Mateys!"





More Books to Share:

- Smile!* by Leigh Hodgkinson
- Silly Sally* by Betsy Franco
- Think Happy* by Nancy Carlson
- Smile, Lily!* by Candace Fleming
- Clark the Shark: Tooth Trouble* by Bruce Hale
- Waking Up Is Hard To Do* (book with CD) by Neil Sedaka

Activity Ideas:

Healthy & Junk Food Collages: After talking about healthy foods and "junk" foods, have the children cut pictures from magazines that fit each category (for younger children, provide pre-cut pictures, then help them sort). Let the children glue the pictures to large tooth shapes cut from white tagboard—one with a smile for "healthy foods", one with a frown for "junk foods".



www.123child.com

Tempera "Toothpaste": Give your children large tooth shapes cut from white posterboard. Make "mint toothpaste" by mixing white tempera paint with green tempera. Let your children use old toothbrushes to brush their tooth shapes with the green paint "toothpaste." (Just make sure the children don't put the toothbrushes or paint in their mouths!)

preschoolexpress.com

Whose Smile? Take two photos of each child, one of their whole smiling face and one a close-up of just their smile. Print the photos and glue the two photos for each child back-to-back on a piece of card stock. Place the cards, smile side up, on the table and have the children guess whose smile is on each; turn the cards over to check. (Alternatively, you can place these in a binder or photo book). Even little ones will recognize the smiles of their friends!

pinterest.com

Book of the Month:



Home For Dinner: Mixing Food, Fun, and Conversation for a Happier Family and Healthier Kids
by Anne K. Fishel, PH.D., Cofounder, The Family Dinner Project

PTC 306.85 F

Sports, activities, long hours, and commutes - with so much to do, dinner has been bumped to the back burner. Studies have tied shared meals to increased resiliency and self-esteem in children, higher academic achievement, a healthier relationship to food, and even reduced risk of substance abuse and eating disorders. Chock full of stories, new research, recipes, and friendly advice, the book explains how to: Whip up quick, healthy, and tasty dinners; get kids to lend a hand (without any grief); adapt meals to the needs of everyone - from toddlers to teens; inspire picky eaters to explore new foods; keep dinnertime conversation stimulating; add an element of fun; reduce tension at the table; explore other cultures and spark curiosity about the world. Mealtime is a place to unwind and reconnect, far from the pressures of school and work.



Road to Reading Tip:

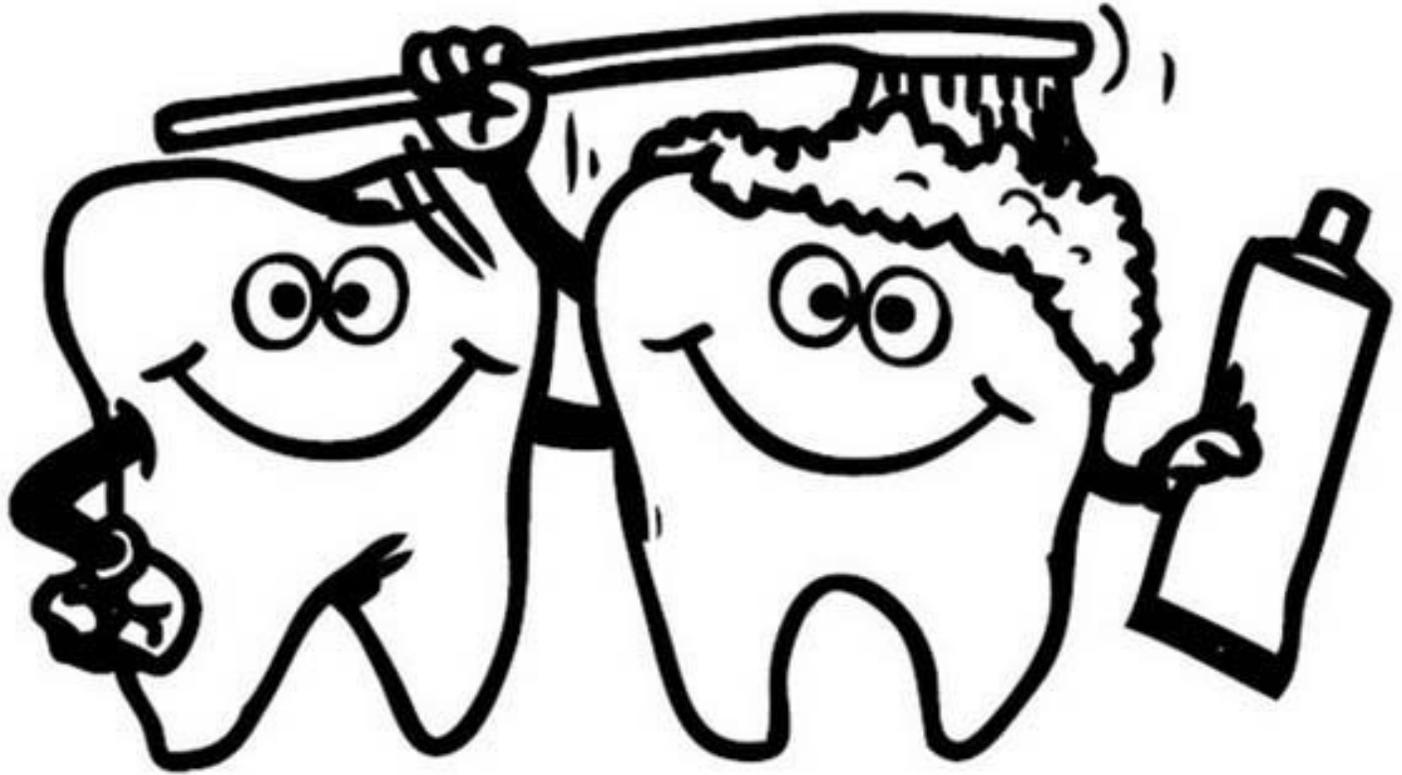
Now Hear This! Talking with your child is one of the best ways to help develop language and other early literacy skills. Conversations help a child express thoughts, learn what words mean, and gain new information about the world. Listen to what your child says, answer questions, add new information, and listen some more! Chat with your child during your morning routine, in the car, waiting in line, before a nap, during meals, doing household chores, at the store, during bath time, before bedtime, and while out for a walk.

Questions or Suggestions? Call Melinda Chase, Bel Air Branch, 410-638-3151, ext. 2279
If you have an urgent message for me, please speak with the operator, 410-638-4800 (starting at 8 am)
email: chase@hcplonline.org



"like" Opening The Gift on facebook!

Roses are red,
Violets are blue,
Sugar is sweet,
And so are you.



Brush EVERY DAY to
keep your teeth healthy!

EARLY LITERACY EXTRA! February is National Children's Dental Health Month!

Brushing twice daily with fluoride toothpaste is one of the most effective ways to prevent tooth decay and promote good oral health. When children have a healthy mouth, they can speak more clearly, eat healthy foods, and feel good about themselves. A healthy mouth also means children can better focus and learn, have a pain-free mouth, and incur fewer dental costs.

<http://eclkc.ohs.acf.hhs.gov/hslc/ta-system/health/oral-health>