

Rah, Rah, Radishes! A Vegetable Chant by April Pulley Sayre
Cheers for a Dozen Ears by Felicia Sanzari Chernesky

Farmer's Market Day by Shanda Trent
Market Day by Carol Foskett Cordsen
Down on the Farm by Merrily Kutner
Corn Aplenty by Dana Meachen Rau
This Little Piggy by Tim Harrington
Farmer's Market by Carmen Parks
Feast for 10 by Cathryn Falwell

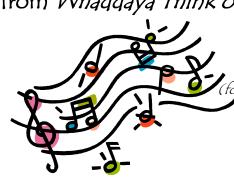
Nursery Rhyme: This Little Piggy Songs & Fingerplays to Share

CD: "I Know a Chicken" from Whaddaya Think of That? by Laurie Berkner

<u>Vegetables</u>

(tune: "Mary Had a Little Lamb")
We are pumpkins, big & round,
Big & round, big & round.
We are pumpkins, big & round,
Seated on the ground.

We are string beans, green and fine
...growing on a vine.
We are onions, round & white
...we make soup taste just right.
We are carrots, orange and long
...help us sing the song.
We are cabbage, green or red
...see our funny head.
We are corn stalks, tall and straight
...don't we taste just great!



Pop, Pop, Pop!

Popcorn kernels in a pan, (crouch down)
Laying still as long as they can.
The oil starts to get really hot.
(rise up slowly and stand)
The kernels wiggle in the pot.
(wiggle body)

They start to cook and hop, hop, hop!

(hop up and down)

Then all the kernels pop, pop, pop!

(repeatedly stamp your foot)

(repeatedly stomp your feet) The Mailbox Magazine, Preschool edition Oct/Nov 2013 The Apple Tree (tune:"Rock-a-Bye Baby")

Here is a tree with leaves so green.

Forearms together, elbows to wrists, hands spread)

Here are the apples that hang between.

(clench fists for apples)

When the wind blows

the apples will fall.

(wave arms in the wind and let apples fall suddenly.

Here is a basket to gather them all.

(make basket with both hands, fingers interlocked)

Ten Plump Peas

Ten plump peas in a peapod pressed.

(press two fists together)

One grew, two grew, so did all the rest.

(raise one finger up, then two, then wiggle all)

They grew and they grew and did not stop,

(keep wiggling fingers as they "grow" higher)

Until one day the pod went POP!

(clap hands together overhead)

Your next visit will be: December _____

Next month's theme will be: "Sounds of the Season"

More Books to Share:

Apple Pie ABC by Alison Murry
Plants Feed Me by Lizzy Rockwell
Sophie's Squash by Pat Zietlow Miller
To Market, To Market by Anne Miranda
To Market, To Market by Nikki McClure

Fall Harvests: Bringing in Food by Martha E. H. Rustad

Old Manhattan Has Some Farms: E-I-E-I-Grow! by Susan Lendroth
What's So Yummy? All About Eating Well and Feeling Good by Robie H. Harris



Roots & Shoots: Place an ear of dry Indian corn in a shallow basin of water. Check the corn daily, as it will sprout quickly! The children will be able to observe how the roots and the shoots are growing. Every few days, change the water to keep it fresh. (In warm weather, you can plant the entire sprouted ear of corn and watch it continue to grow!)

Personal Pumpkin Dip: Set up a station where each child creates their own snack!

Ingredients: pumpkin pie filling, whipped cream cheese, thinly sliced apples, gingersnaps. Utensils and supplies (for each child): resealable plastic bag, plastic spoons, paper plate, scissors. *Instructions*: Using one spoon, place two scoops of pumpkin pie filling in your bag. Using another spoon, add one scoop of whipped cream cheese. Seal the bag. Squeeze the bag until the dip is well mixed. Snip off a small corner of the bag. Place some apple slices and gingersnaps on a plate. Squeeze the pumpkin dip from the bag onto the apple slices and gingersnaps.

The Mailbox Magazine, Preschool edition Oct/Nov 2013

<u>All Sorts of Potatoes!</u>: Set out a basket containing two different types of potatoes, such as small white and small red. Have the children sort the potatoes into two different piles. Add different types of potatoes (large, sweet, white) to encourage a discussion of the different characteristics of the various potatoes.

adapted from preschoolexpress.com

Book of the Month:

200 Essential Preschool Activities by Julienne M. Olson PTC 372.21 O

Enhance your curriculum with a variety of engaging, open-ended learning activities that can be used throughout your classroom. These activities help children be creative, learn new skills, and build relationships with their peers. They also encourage you to think about how and why each lesson can be used to enhance children's learning.

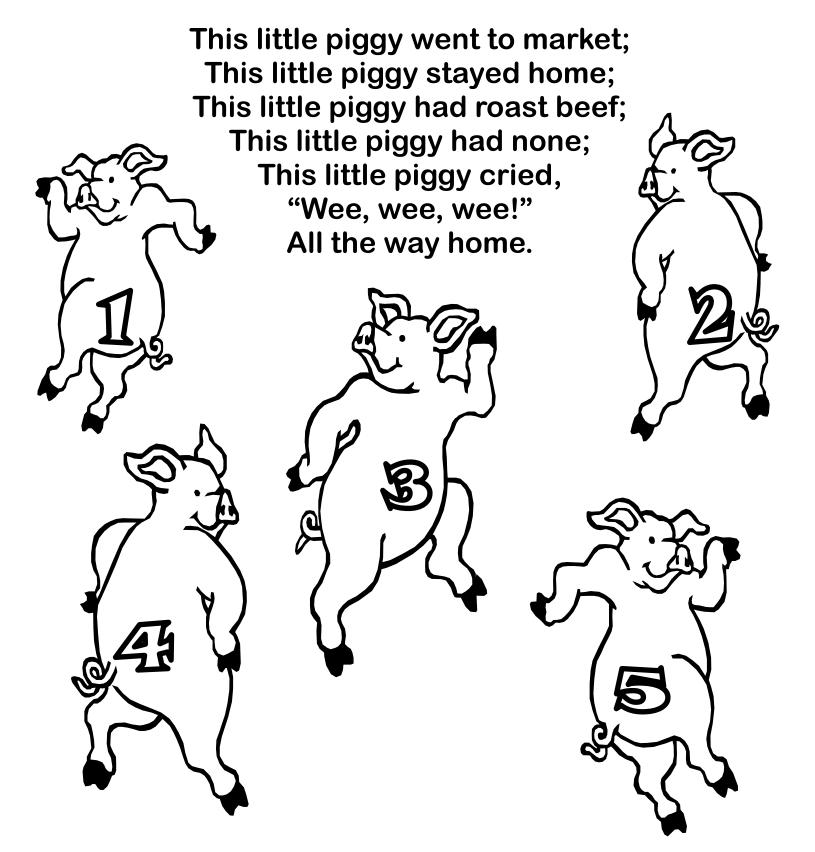
200 Essential Preschool Activities provides activities for and information on:

- Creative centers, including dramatic play areas and discovery and sensory areas
- Learning games, including turn-taking and board games, academic games, and cooperative and active games
- Group lessons, including circle time, social lessons, hands-on skill builders, and musical games and finger plays
- . Arts and crafts, including child-centered expressive art and creative tools and methods
- · Classroom structure, including classroom areas and centers and creating learning opportunities

. Parent involvement







EARLY LITERACY EXTRA! (BACKGROUND KNOWLEDGE) Children need background knowledge, or general knowledge about the world, to later understand what they read.

In addition to gaining some vocabulary words which you may want to talk about (market, roast beef, none), this rhyme can introduce a math concept called one-to-one correspondence. When children are able to count items and touch each one as they count it, they are using this important math skill. As you wiggle each toe while you say the rhyme, you are showing your toddler how to perform this action.