



# NEWS RELEASE

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## FOR IMMEDIATE RELEASE

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## FOODIE WEEK AT THE LIBRARY

**(Belcamp, Maryland – November 10, 2015)** Harford County Public Library is celebrating all things foodie with a week-long schedule full of delicious treats for everyone.

The week starts off on Saturday, November 14<sup>th</sup> with a Foodie and Farmers Fair at the Whiteford Library from 11am – 3pm. Local farmers and artisanal food producers will be on hand to show what they offer, talk about their plans for the future and the challenges they face getting their food into the hands of the local community. It is estimated that much of what we eat travels an average of 1000-1500 miles and even if an item is produced next door, it can be difficult for small farmers to get their products into supermarkets. Klein's Shoprite will be discussing their efforts to get local products in their stores.

Attendees will learn how to cook seasonally with cooking demonstrations by local chef Marty Grams and find out how to preserve foods in season from University of Maryland Extension's Dr. Shauna Henley.

On Sunday, November 15<sup>th</sup> meet John Shields, chef, food writer, and television personality. Coined the "Culinary Ambassador of the Chesapeake Bay", John Shields is the owner of Gertrude's Restaurant at the Baltimore Museum of Art and is an expert in the cuisine of the Chesapeake Bay. Twenty-five years ago his book *Chesapeake Bay Cooking with John Shields* introduced the world to the regional cuisine of the mid-Atlantic. Nominated for a James Beard Award, the book was

praised for its inspiring heritage recipes and its then-revolutionary emphasis on cooking with local and seasonal ingredients. In his anniversary edition, John Shields combines popular classic dishes with a host of unpublished recipes from his personal archives including pan-fried rockfish and Lady Baltimore cake. He will be appearing at the Abingdon Library starting at 2pm. Registration is appreciated as seating may be limited. Please call the branch at 410 638 3990. Books will be available for purchase and signing.

Foodie Week continues all week with events in the evening starting at 6:30pm.

- Spices and Herbs – Monday, November 16<sup>th</sup> @ Aberdeen Library
- Cooking Maryland – Tuesday, November 17<sup>th</sup> @ Whiteford Library
- Buy Local! – Wednesday, November 18<sup>th</sup> @ Jarrettsville Library
- Living History Julia Child – Thursday, November 19<sup>th</sup> @ Joppa Library

Foodie Week comes to a close on Sunday, November 22<sup>nd</sup> at the Bel Air Library with food and travel writer Mary Lou Baker. She will be sharing her passion for good eating and drinking in the Chesapeake Bay area and talking about her book *Seafood Lover's Chesapeake Bay: Restaurants, Markets, Recipes & Traditions*. Program begins at 2pm and registration is appreciated. Please call the branch at 410 638 3151. Books will be available for purchase and signing.

Harford County Public Library has set up an online recipe database to collect Harford County's favorite recipes and the stories surrounding them! The goal is to share recipes that will enable people to eat according to the seasons. Go to [www.hcplonline.org/recipes](http://www.hcplonline.org/recipes) to submit your recipes and find new ones.

Harford County Public Library operates eleven branches located throughout Harford County, Maryland. The Library serves over 181,000 registered borrowers of all ages and has an annual circulation of over 3.8 million. Harford County Public Library is committed to connecting people with information and promoting the love of reading within the community.

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*Photo caption #1: Foodie Week at Harford County Public Library*